














The Golden Rule According to the Major World Wisdom Traditions

BAHA'I FAITH:		"He should not wish for others that which he does not wish for himself, nor promise that which he does not fulfill." (Gleanings of Baha'u'llah)
BUDDHISM:		"Hurt no others in ways that you yourself would find hurtful." (Udana-Varga, 5,18)
CHRISTIANITY:		"Treat others the way you want them to treat you. This is the Law and the Prophets." (Matthew 7:12)
CONFUCIANISM:		"Is there one maxim which ought to be acted upon throughout one's life? Surely it is the maxim of loving-kindness: do not do to others what you would not have them do to you." (Analects: Sayings of Confucius, 15,23)
HINDUISM:		"Whatever you consider injurious to yourself, never do to others. This is the essence of dharma." (Mahabharata, Udyoga Parvan 39,71)
ISLAM:		"No one of you is a believer until he desires for his brothers and sisters that which he desires for himself." (Hadith of Muhammad)
JAINISM:		"In happiness and suffering, in joy and grief, regard all creatures as you regard your own self." (Mahavira)
JUDAISM:		"What is hateful to you, do not do to your fellow men and women. That is the entire Law; all the rest is commentary." (The Talmud, Shabbat 31d)
NATIVE AMERICAN:		"Great Spirit, grant that I may not criticize my neighbor until I have walked a mile in his moccasins."
SENECA:		"Treat your inferiors as you would be treated by your supervisors" Epistle 47:11(Rome; 1st century CE)
SIKHISM:		"Be not estranged from another for God dwells in every heart." (Guru Granth Sahib)
SOCRATES:		"Do not do to others that which would anger you if others did it to you." (Greece; 5th century BCE)
TAOISM:		"Regard your neighbor's gain as your own gain, and your neighbor's loss as your own loss." (Tai Shang Kan Ying P'ien)